, ...

0 ! ð x _@Ñ BU

¼ ! j ð x>± Š@Ñ BU

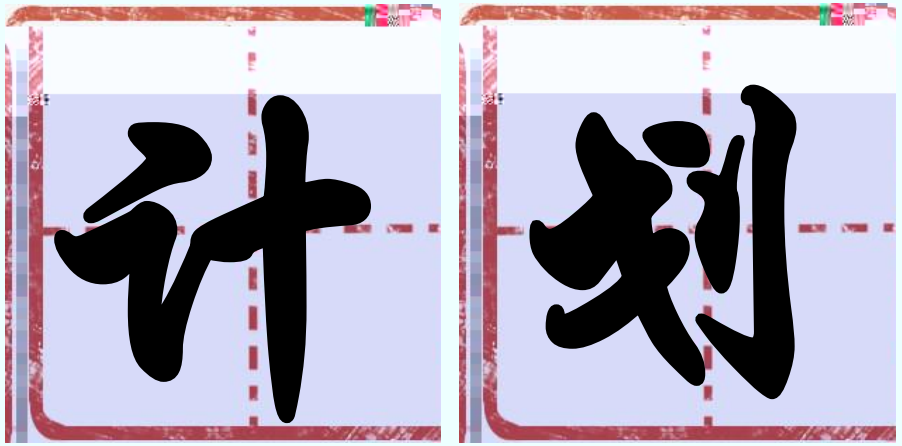
9 !@Ñ B+´ ? y ¼, +´

! ² … Š@Ñ BU

Ä !" ? »M©

0 ! ð x _@Ñ BU

# 0 ! ð x _@Ñ BU



¼ ! j ð x>± Š@Ñ BU

# ¼ ! j ð x>± Š@Ñ BU

A.

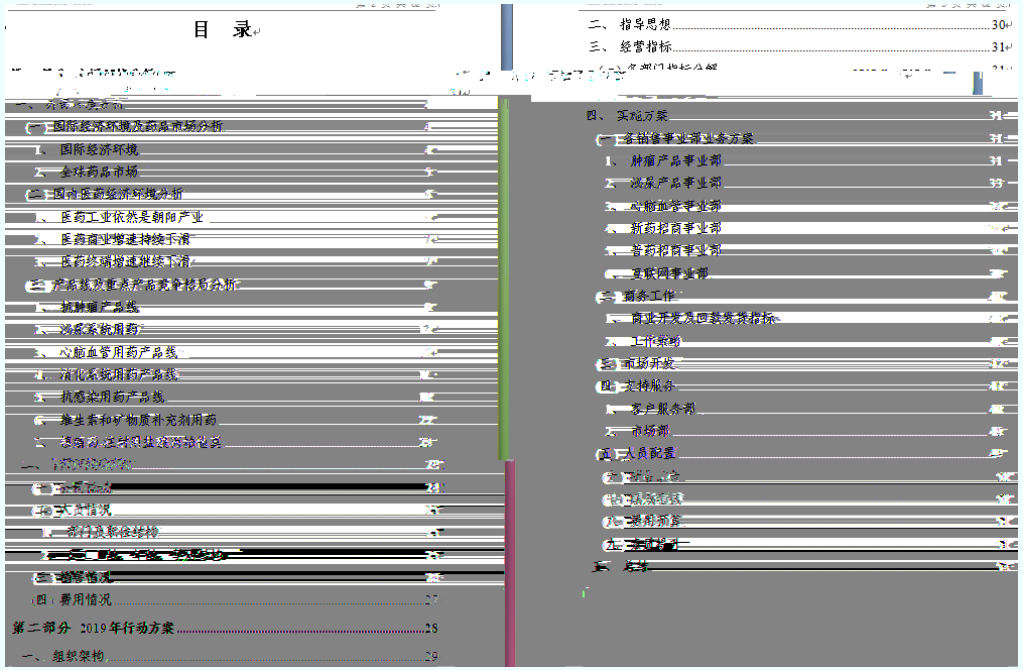
B.

C.

D.

E.

F.




20XX

9 !@Ñ B+´ ? y ¼, +´

# 9 !@Ñ B+´ ? y ¼, +´

A.

B.

C.

D.

E.

F.

1、

1、

# 1、搭建计划体系

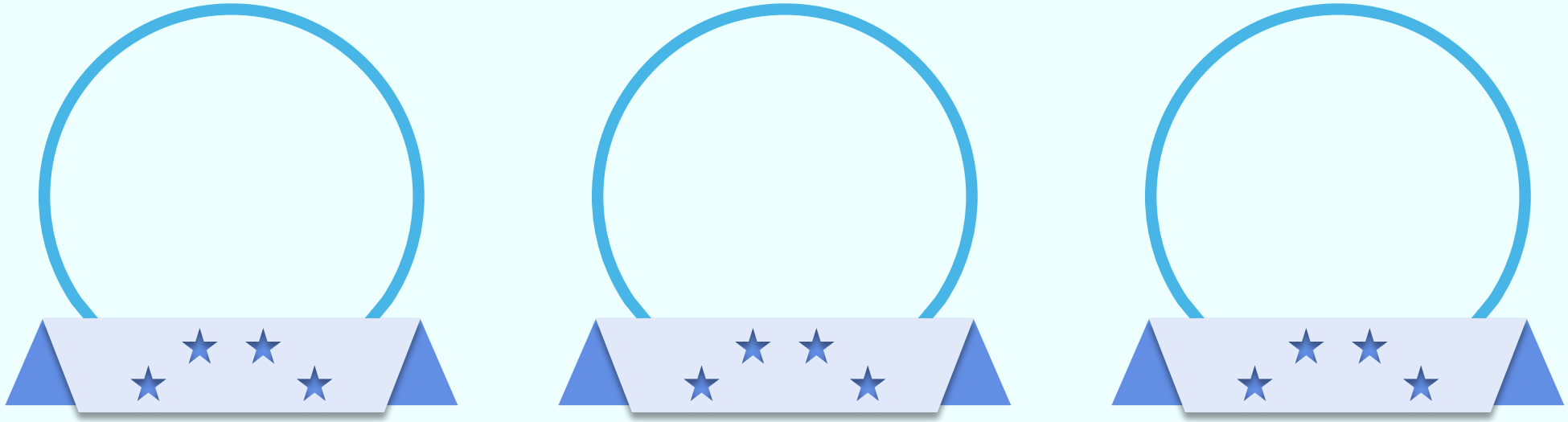
B.

.

| / / | | XX | XX | XX | 2X | 2X | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | 1-10 | 11 | 12 | | | | % |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | ” ” | | | | | | | | | | | | |
| ” ” | | | | | | | | | | | | | |

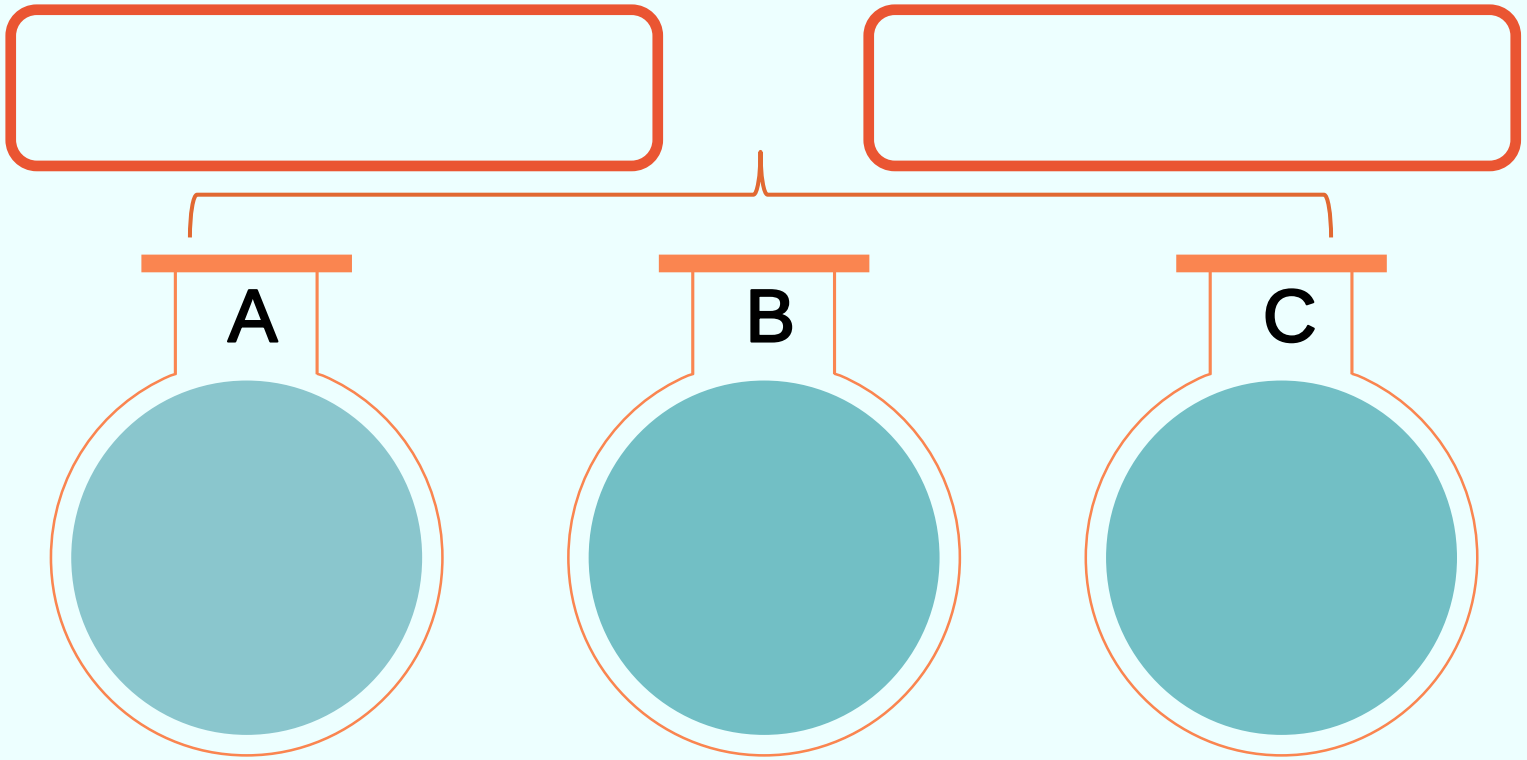
# 1、搭建计划体系

D.



# 1、搭建计划体系

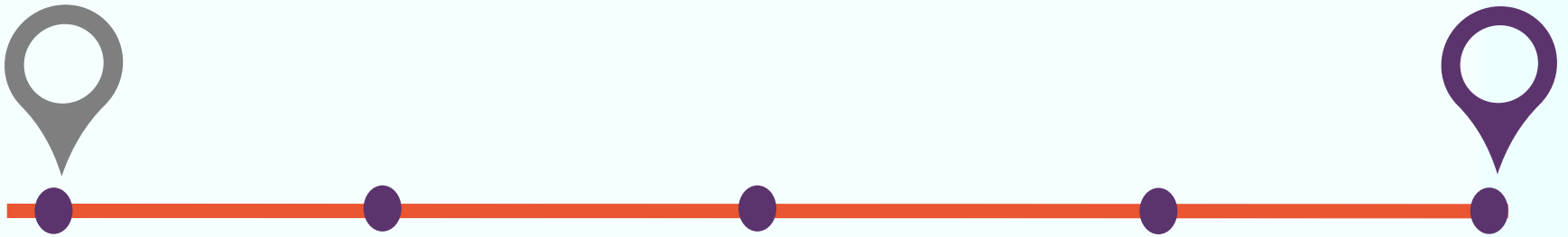
C.

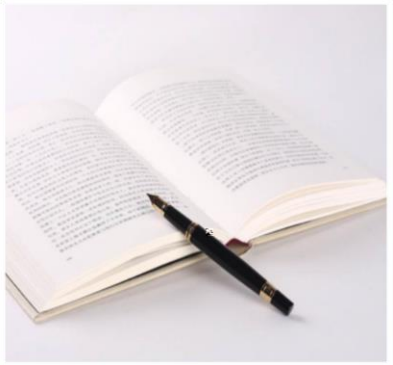


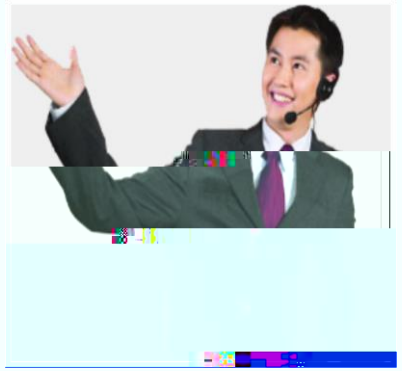
# 2、分层级制定计划

# 2、分层级制定计划 —个人

A.





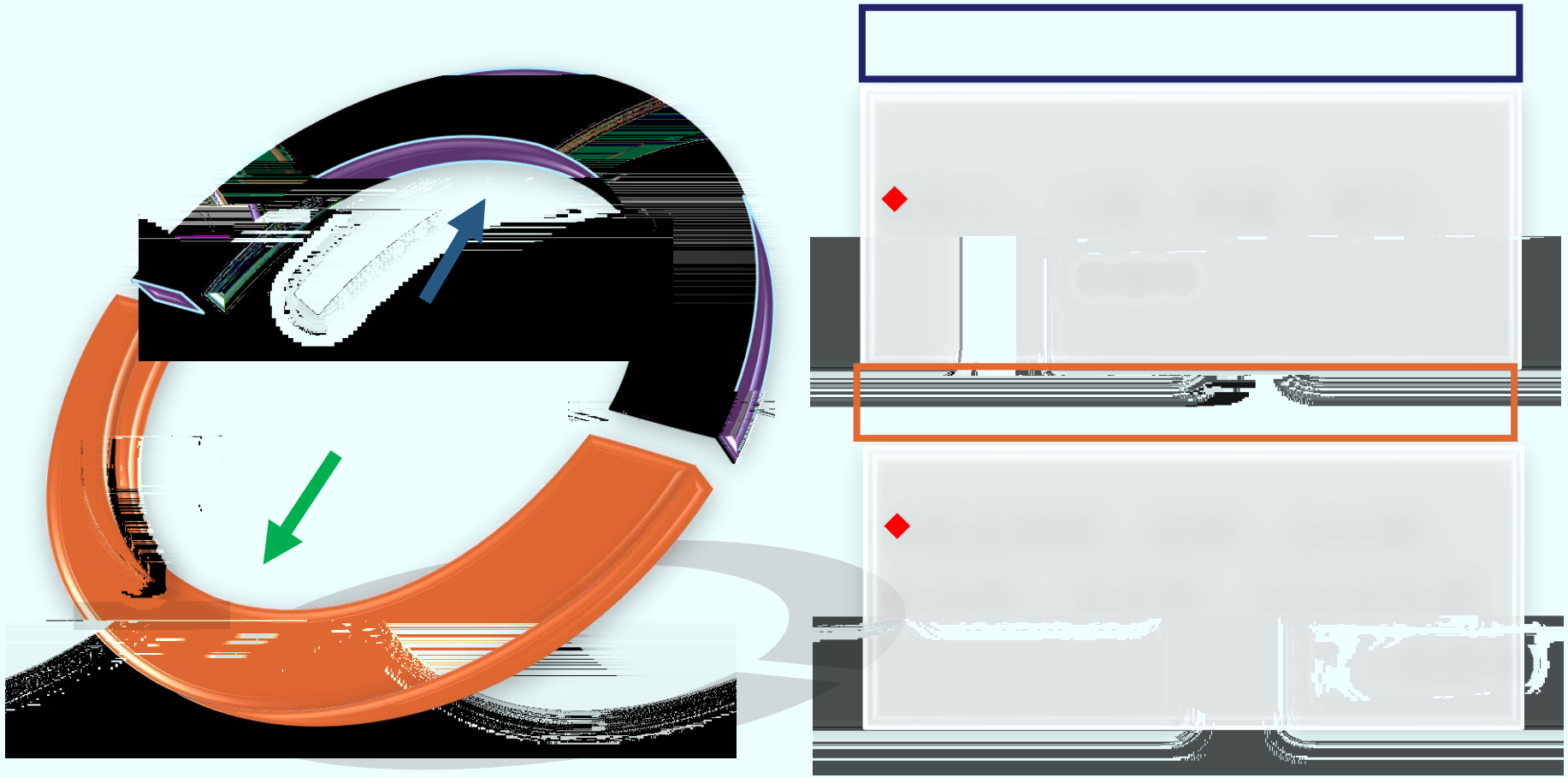


# 2、分层级制定计划 —个人

B.

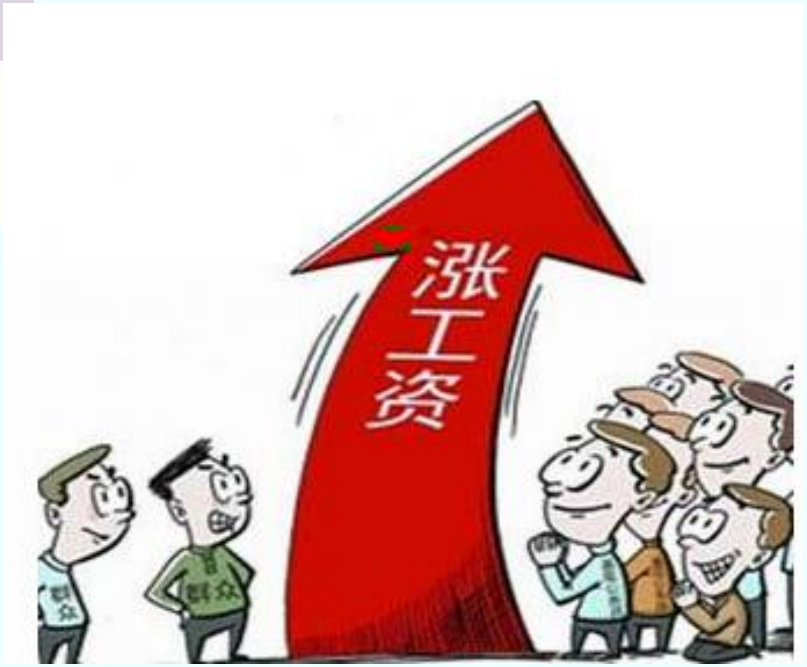
# 2、分层级制定计划 —个人

c.



# 2、分层级制定计划 —个人

D.

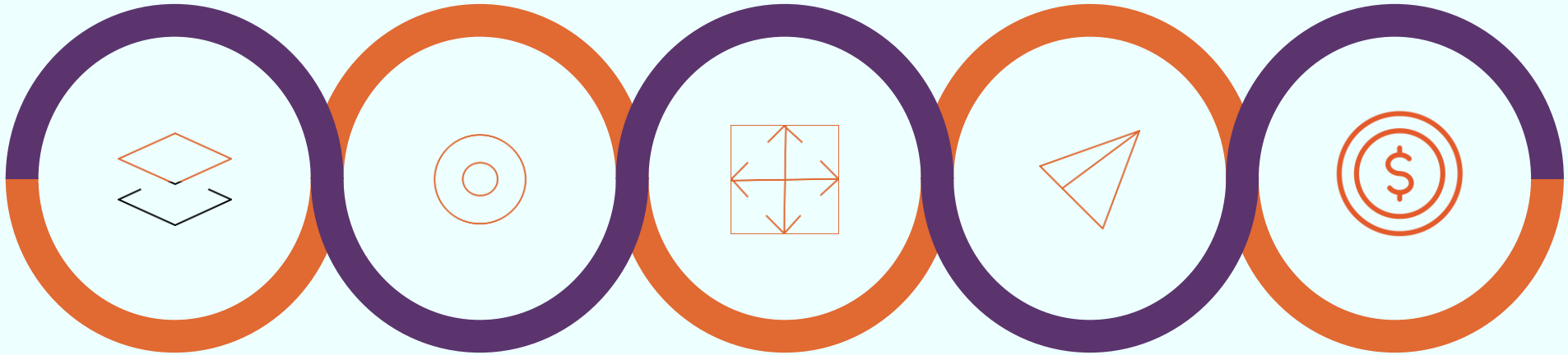


2、

B.

# 2、分层级制定计划 —团队

A.



B.

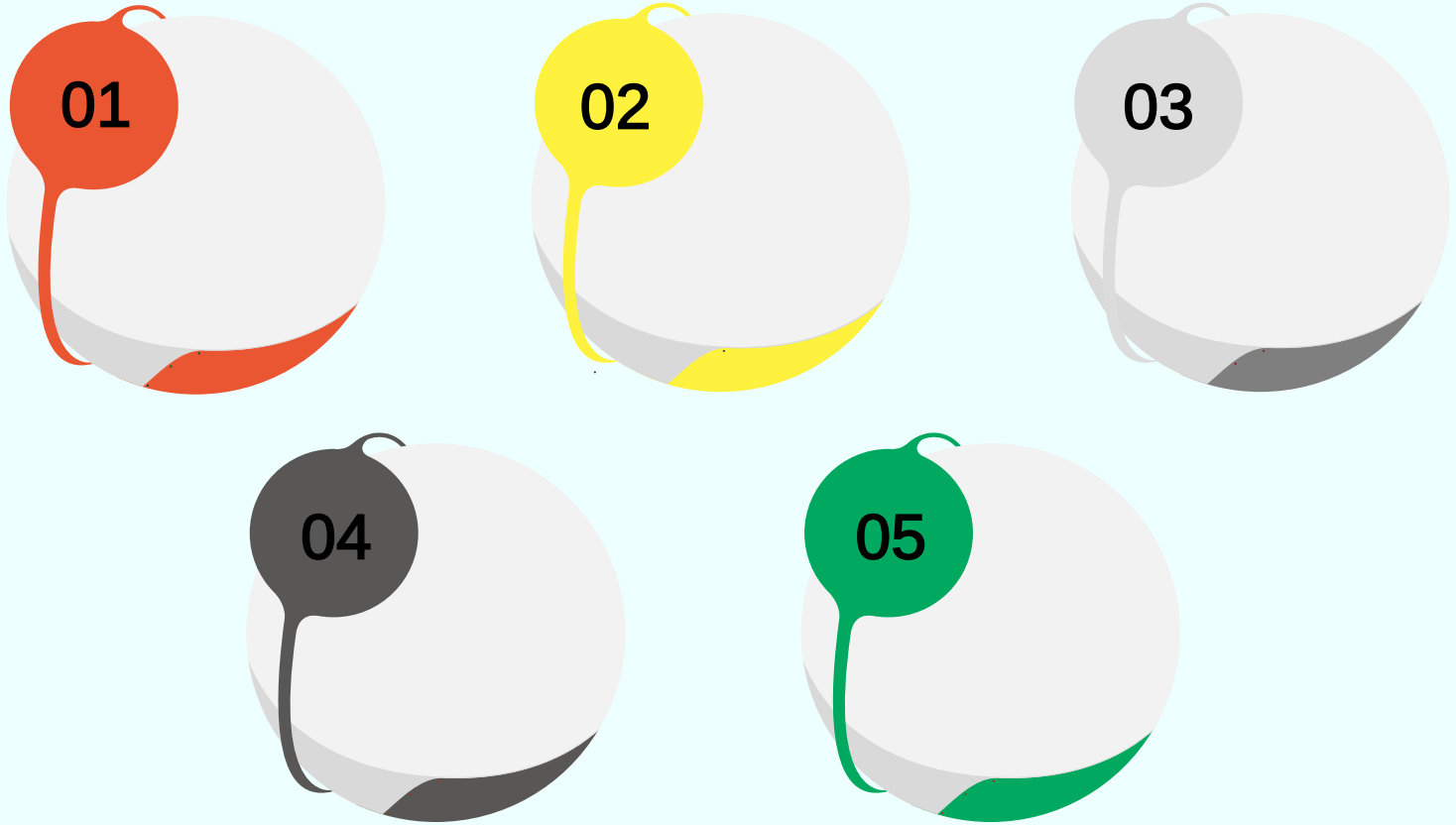
5

6/Lang (en-US)

C.

| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |

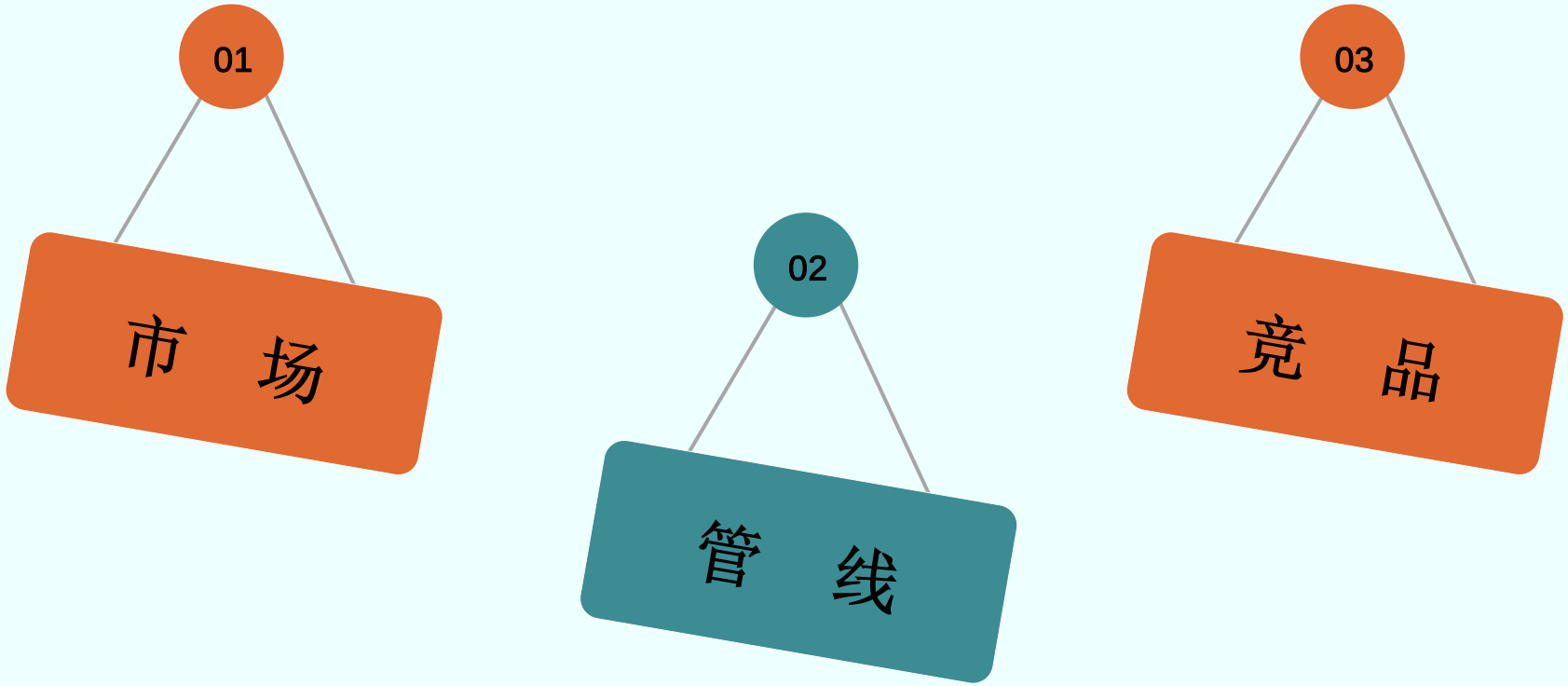
2



# 9UJ0 ƒ2+@Ñ B

# 9UJ0 ƒ2+@Ñ B

A.



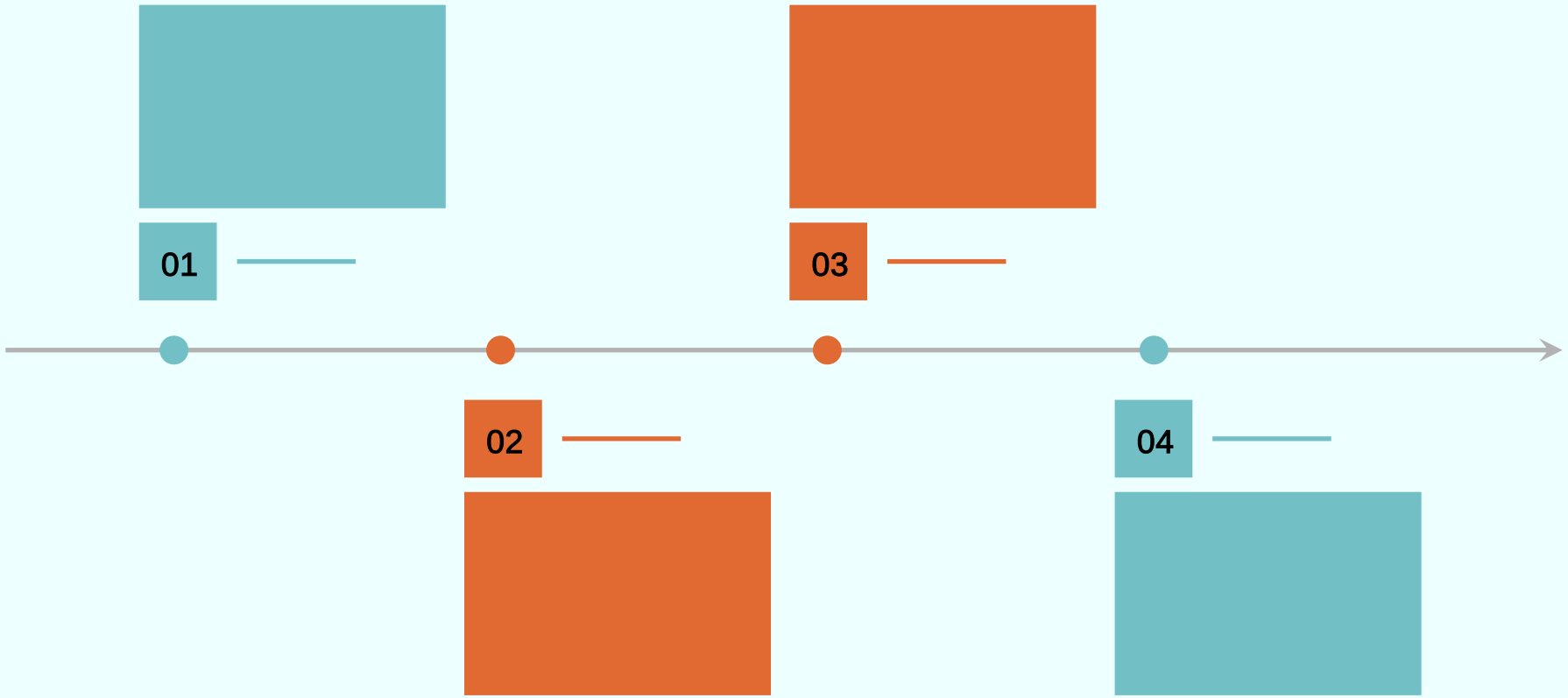
# 9UJ0 ƒ2+@Ñ B

B.

| / / | | XX | XX | XX | 2X | 2X | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | 1-10 | 11 | 12 | | | | % |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | ” ” | | | | | | | | | | | | |
| ” ” | | | | | | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

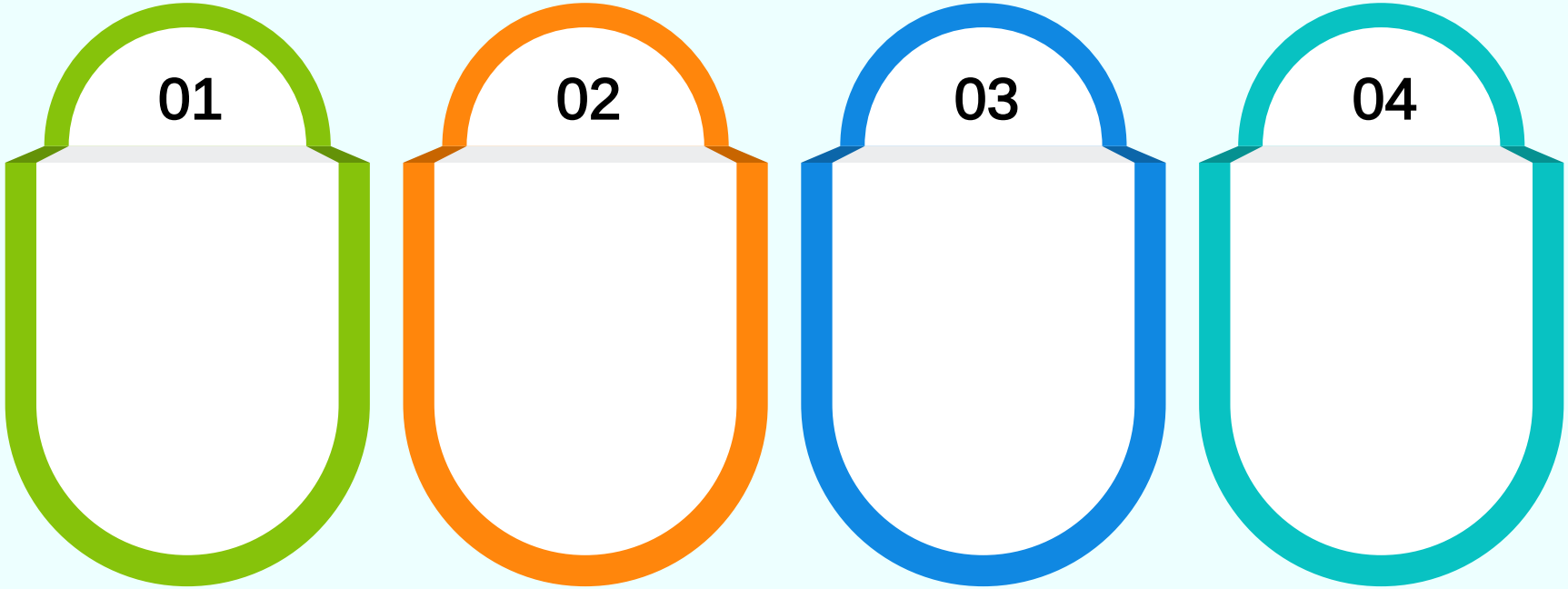
B.



# 9UJ0 ƒ2+@Ñ B

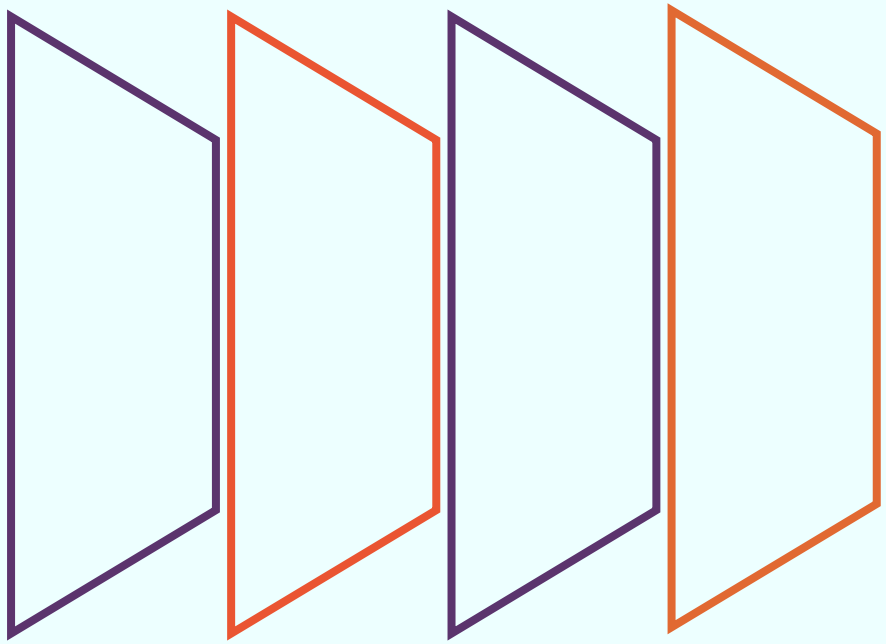
LOREM IPSUM DOLOR

c.



# 9UJ0 ƒ2+@Ñ B

D.



1

2

3

4

# 9UJ0 ƒ2+@Ñ B

E. —

| | 2X | | | | | | | | | | 2X | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | |
|---|---|---|---|---|---|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | |
|---|---|---|---|---|---|---|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

_____ 20___

| | | | | | | 1 | 2 | 3 | „ „ | 12 | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

_____ 20___

| | | | | 202X | 202X | % | 202X | % | 1 | 2 | 3 | „ „ | 12 | 202X | % |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

_____ 20___

| | | | 202X | 202X | % | 202X | % | 202X | | | | | | % |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | 1 | 2 | 3 | „ „ | 12 | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

# 9UJ0 ƒ2+@Ñ B

E. —

_____20___

| | | 202X | 202X | % | 202X | | | | | | % |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | 1 | 2 | 3 | ” ” | 12 | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | ” ” | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | ” ” | | | | | | | | | | |
| ” ” | ” ” | | | | | | | | | | |
| | | | | | | | | | | | |

02 *O × ƒ2+@Ñ B

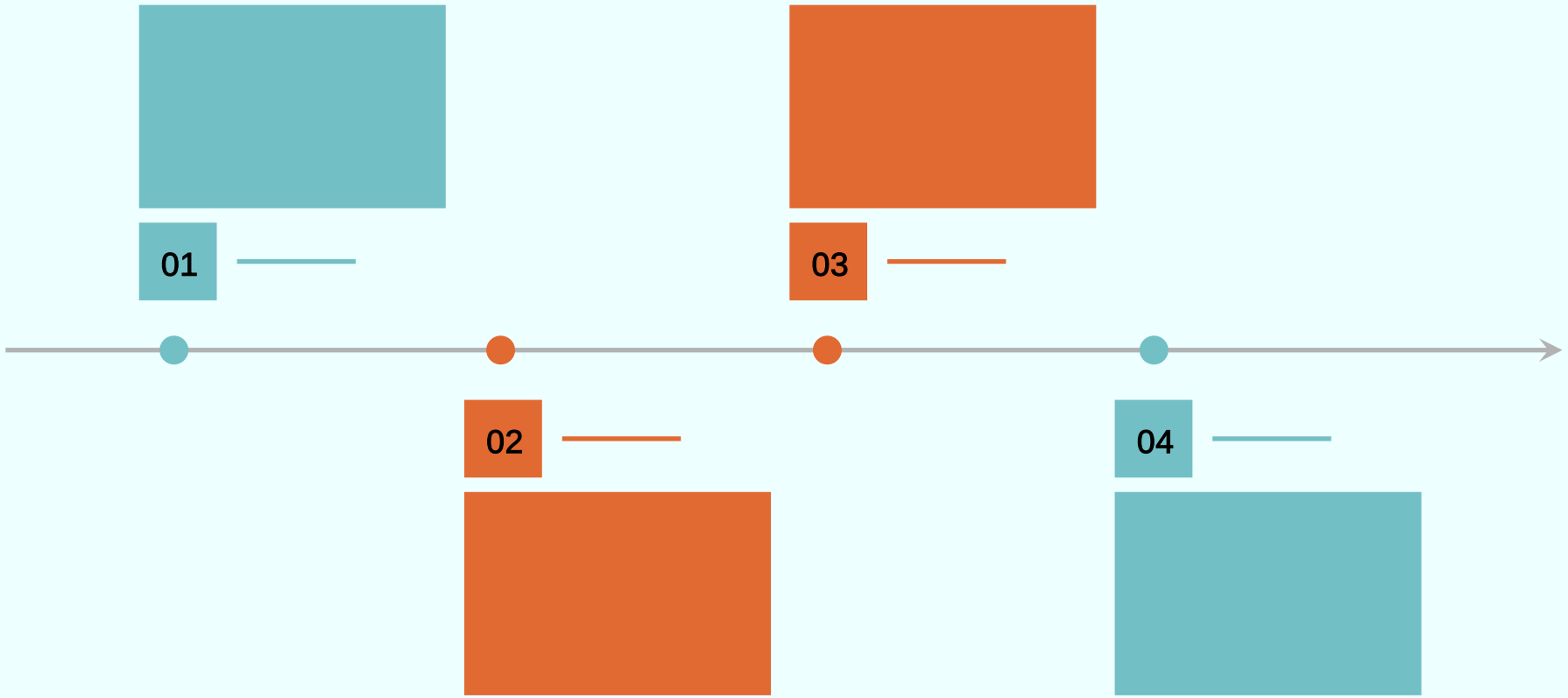
# *O × ƒ2+@Ñ B

A.

| | 2X | 2X | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | | | 1-10 | 11 | 12 | | % | | % |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| „ „ | | | | | | | | | |

# *O × ƒ2+@Ñ B

A.

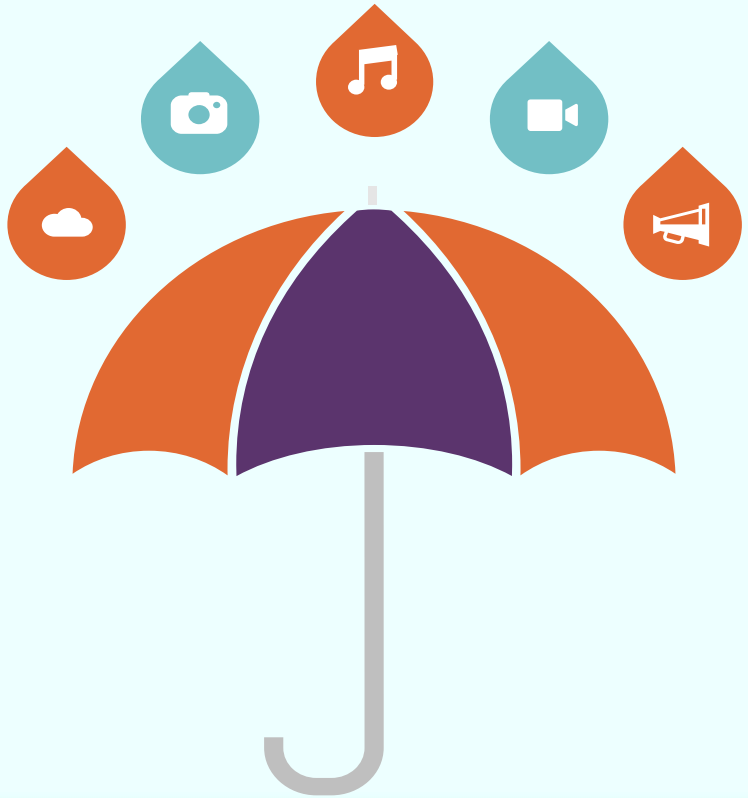


# *O × ƒ2+@Ñ B

B.

01

02



03

04

05

06

*O × ƒ2+@Ñ B

c.

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | |
| | | kg | —— | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |

# *O × ƒ2+@Ñ B

c.

| | | | | 1 | | 2 | | 3 | | 4 | | „ „ | | 12 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |

*O × ƒ2+@Ñ B

D.

| | | | | 202X | | | 202X | | | 2022 | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |

*O × ƒ2+@Ñ B

D.

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

# *O × ƒ2+@Ñ B

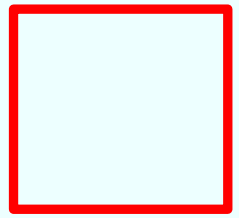
E.

= +

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | | | 2X | 2X | 2X | 22 | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

*O × ƒ2+@Ñ B

E.



_____ 202X

| | 202X | 202X | % | 202X | | | | | | % | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | 1 | 2 | 3 | „ „ | 12 | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| „ „ | | | | | | | | | | | |
| | | | | | | | | | | | |

# *O × ƒ2+@Ñ B

F.

| | 202X | | | 202X | |
|---|---|---|---|---|---|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

# *O × ƒ2+@Ñ B

F.

| | 202X | | | 202X | |
|---|---|---|---|---|---|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

# *O × ƒ2+@Ñ B

G.

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | / | | | | | |
| 1 | | | | | | | | | | |
| 2 | | | | | | | | | | |
| 3 | | | | | | | | | | |
| 4 | | | | | | | | | | |
| 5 | | | | | | | | | | |
| | | | | | | | | | | |

# *O × ƒ2+@Ñ B

H.

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | / | | | | | |
| 1 | | | | | | | | | | |
| 2 | „ „ | | | | | | | | | |
| 3 | | | | | | | | | | |
| 4 | „ „ | | | | | | | | | |
| 5 | | | | | | | | | | |
| 6 | „ „ | | | | | | | | | |
| 7 | | | | | | | | | | |
| 8 | „ „ | | | | | | | | | |
| 9 | | | | | | | | | | |
| 10 | „ „ | | | | | | | | | |
| | | | | | | | | | | |

03 -D ƒ2+@Ñ B

# -D ƒ2+@Ñ B

A.

_____202X

| | | | | | | | | | | | 2X | 2X | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | ” | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

# -D ƒ2+@Ñ B

B.

_____202X

| | | | | | | / | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | | |
| 2 | | | | | | | | | | |
| 3 | | | | | | | | | | |
| 4 | | | | | | | | | | |
| 5 | | | | | | | | | | |
| 6 | | | | | | | | | | |
| 7 | | | | | | | | | | |
| 8 | | | | | | | | | | |
| 9 | | | | | | | | | | |
| 10 | | | | | | | | | | |
| | | | | | | | | | | |

# -D ƒ2+@Ñ B

C.

_____202X

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | | |
| 2 | | | | | | | | | | |
| 3 | | | | | | | | | | |
| 4 | | | | | | | | | | |
| 5 | | | | | | | | | | |
| 6 | | | | | | | | | | |
| 7 | | | | | | | | | | |
| 8 | | | | | | | | | | |
| 9 | | | | | | | | | | |
| 10 | | | | | | | | | | |
| | | | | | | | | | | |

04 =| o ƒ2+@Ñ B

# =| o ƒ2+@Ñ B

A.

_____ 202X

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | | | | | | | |
| 2 | | | | | | | |
| 3 | | | | | | | |
| 4 | | | | | | | |
| 5 | | | | | | | |
| 6 | | | | | | | |
| 7 | | | | | | | |
| 8 | | | | | | | |
| 9 | | ” ” | | | | | |
| 10 | | | | | | | |
| | | | | | | | |

# =| o ƒ2+@Ñ B

B.

_____ 202X

| | | 2X | 2X | % | 1 | 2 | 3 | „ „ | 2X | % | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | „ „ | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | „ „ | | | | | | | | | | |
| | | | | | | | | | | | |
| „ „ | | | | | | | | | | | |
| | | | | | | | | | | | |

05

# EJ*X@Ñ B

# EJ*X@Ñ B

1 —

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | | | | 2X | 2X | | |
| 1 | | | | | | | |
| 2 | | | | | | | |
| 3 | | | | | | | |
| 4 | | | | | | | |
| 5 | | | | | | | |
| 6 | | | | | | | |
| 7 | | | | | | | |
| 8 | | | | | | | |
| 9 | | | | | | | |
| 10 | | | | | | | |
| | | | | | | | |

# EJ*X@Ñ B

A. —

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | |
| 2 | | | | | | | | |
| 3 | | | | | | | | |
| 4 | | | | | | | | |
| 5 | | | | | | | | |
| 6 | | | | | | | | |
| 7 | | | | | | | | |
| 8 | | | | | | | | |
| 9 | | | | | | | | |
| 10 | | | | | | | | |
| | | | | | | | | |

# EJ*X@Ñ B

A. —

| | | | 1 | 2 | 3 | „ „ | 12 | | |
|---|---|---|---|---|---|---|---|---|---|
| ** | 2X | | | | | | | | |
| | | | | | | | | | |
| | 2X | | | | | | | | |
| | | | | | | | | | |
| ** | 2X | | | | | | | | |
| | | | | | | | | | |
| | 2X | | | | | | | | |
| | | | | | | | | | |
| „ „ | | | | | | | | | |
| | 2X | | | | | | | | |
| | | | | | | | | | |
| | 2X | | | | | | | | |
| | | | | | | | | | |

B.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| ** | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| ** | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

# EJ*X@Ñ B

c.

_____ /

| | | 1 | | | 2 | | | 3 | | | „ „ | | | 12 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | „ „ | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | „ „ | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |

# Ä !" ? »M©

# Ä !" ? »M©

A.
B.

C.
D.
E.

# 结 语

@Ñ B#5 é A
@Ñ B >-ž, 7
@Ñ B Î K x+ú
@Ñ BJ(EP @ Ï

企业家爱国 就是做好产品

为中国人设计 让中国人健康